7 AMENS BEFORE DAWN · DAY 3 OF 7

Third Amen

The Prayer for Healing

HOW TO PRAY THIS AMEN

- Time: between four and seven in the morning.
- Length: about 8 to 10 minutes, with no rush.
- Pray out loud, slowly, one line at a time.
- Choose a quiet place where you can be alone, without interruptions.

Important: This prayer does not take the place of your doctor, your medication, or any treatment. Keep up with your medical care as usual. Faith and medical care go hand in hand.

BEFORE YOU BEGIN

Decide who you will pray for today: yourself, or someone you love.

I'm praying for: _____

THE PRAYER

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

Lord, You walked this earth
laying Your hands on the sick.
Lord, lay Your hand on me today
(or on the name of someone you love).

I'm asking for more than healing for the body.
I'm asking for the strength to get through this.

Give wisdom to those providing care,
and give me the courage to see the treatment through.

As the body receives care,
may my soul rest in You.

Take away my fear of the results.
As I face this test, give me Your peace.

Whatever answer I receive,
I choose to trust that You are with me.

I'm not facing this alone.

Amen.

AFTER YOU PRAY

Stay in silence for a few moments. Out loud or in silence, tell God the name of the person you're placing in His hands today, and what hurts.

TODAY'S WORDS OF FAITH

"I'm not facing this alone."

Tomorrow: Fourth Amen — The Prayer for Deliverance.

DON'T SKIP DAYS. DON'T CHANGE THE ORDER. DON'T PRAY MORE THAN ONE PRAYER A DAY.